

Seventh Edition

SENECA COUNTY HEALTH NEWS



FALL 2023



PERTUSSIS: A RISING CONCERN

LEARN WHY EXPERTS ARE CONCERNED ABOUT THIS RISING DISEASE IN SENECA COUNTY

SAFELY START YOUR WOOD STOVE

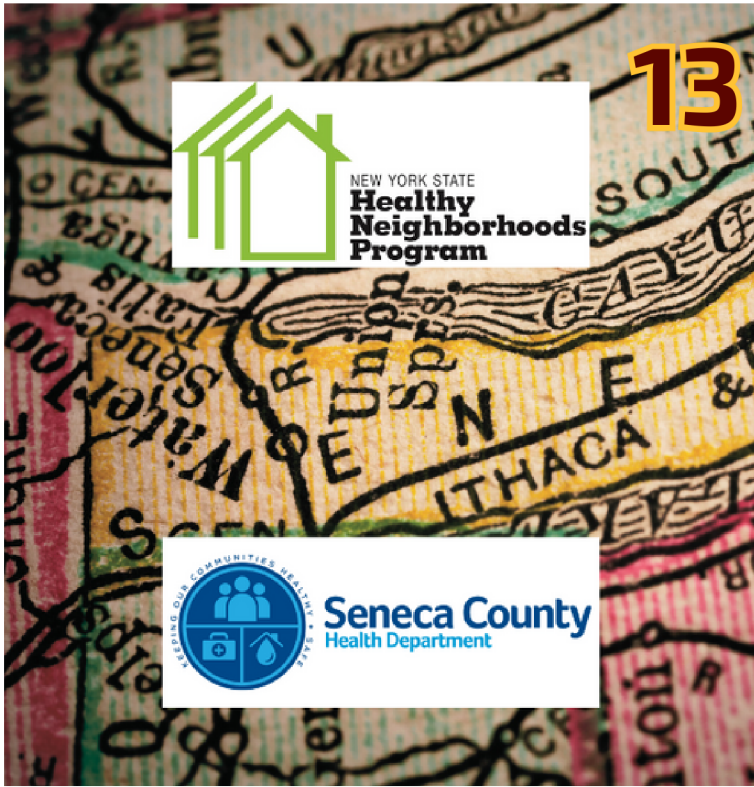
TIPS & REMINDERS TO KEEP YOUR HOME AND STOVE SAFE

CREAMY PASTA PRIMAVERA

A DELICIOUS & HEALTHY MEAL THE ENTIRE FAMILY WILL ENJOY



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Program Stories & Spotlights

04 2023 RABIES CLINIC SCHEDULE

Learn about the last **FREE** rabies vaccination clinic of 2023 organized by Seneca County Health Department's Environmental Health staff.

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Read about important information, tips, and reminders about lead and your home. From peeling paint, to lead dust from cleaning, you can read about it here.

07 SAFELY STARTING YOUR WOOD STOVE

Regular maintenance and upkeep can go a long way when it comes to safely starting your wood stove this fall. Read this quick article to be safe and warm this fall.

09 EXCLUSIVE! PERTUSSIS: LEARN MORE ABOUT THE DANGERS OF WHOOPING COUGH AND HOW YOU CAN PROTECT YOUR FAMILY

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If you have a young child at home, you can use this new and improved development checklist to help you identify your child's development milestones

14 CHSC: AN UPDATE

Check in with our Creating Healthy Schools and Communities (CHSC) program and see all the amazing work going on in our community.

BONUS: Two book recommendations everyone in the family will enjoy.

16-18 KIDS KORNER

Fall crafts?! A new Fall wordsearch?! Hopscotch?! There won't be enough time in the day to do all these fun activities!

✉ HEALTHEDUCATION@CO.SENECA.NY.US

🌐 WWW.SENECACOUNTYHEALTHDEPARTMENT.COM



07

"FALLING FOR IT"

E-Cigarette use is still an issue in our community. On this page you can find some shocking statistics and access to more information.



17

CREAMY PASTA PRIMAVERA

A healthy, yet delicious pasta recipe that will have your mouth watering the entire time you are cooking it!



Your Health Department In Action!



Learn More About the Health Department!

Public Health Sanitarians

- **Public Health Sanitarians regulate and inspect all food service within the county.**
- **Temporary residence of any kind are inspected by Sanitarians from campgrounds to hotels to migrant housing.**
- **Regulating facilities such as children's camps and public swimming pools help keep our community safe.**
- **Rabies, lead exposure, and water supplies are regulated to protect Seneca County residents from unseen dangers.**
- **Implementing a new septic law in 2021 along with the existing septic program helps to ensure our lakes and drinking water are safe to enjoy.**



Seneca County Health Department



@SenecaCountyDOH



@SenecaCountyDOH



SenecaCountyHealthDepartment.com

RABIES CLINICS

FREE!
REGISTRATION
REQUIRED!

October 27th @ 6:00pm
Waterloo Fire Department
Call: 315-539-1671



September is National Emergency Preparedness Month!

There's a lot that goes into preparing for a disaster.

Especially for older adults and people with disabilities.

Create a plan and make sure you:

- 1. Have a plan on how you will communicate***
- 2. Plan for transportation if you need help***
- 3. Plan how you will have your assistive devices
(Wheelchair, walker, cane, etc.)***
- 4. Plan for your pets or service animals!***
- 5. Include medicines, medical supplies, batteries,
and chargers in your emergency kit***
- 6. Have copies of your Medicaid, Medicare, or any
other insurance cards.***



NYS Early Intervention Program Needs YOU!

The NYS Early Intervention Program serves infants and toddlers with developmental disabilities and delays from birth to age three and their families in their own homes and communities statewide.



Why our current providers work for NYS Early Intervention (EI):

“I consider it an honor to empower EI families to become their child’s best role model and advocate.”

– From a Speech-Language Pathologist with over 40 years of service.

“It is amazing to be a part of our children and families’ journey while helping pave the way for a successful future!”

– From an Occupational Therapist with 28 years of service.

“Every EI family has a slightly different dream, but all have the same goal for their children. As a provider we feel immediately appreciated. Family members embrace us as ‘their own’ and your impact on their family will be felt for a lifetime.”

– From an EI Administrator with 42 years of service.

If you choose to work in NYS Early Intervention, you can:

Help Children and Families

- Witness many of the “firsts” that infants and toddlers reach (first steps, first words)
- Help set the educational foundations for lifelong learners
- See the results of your work – sometimes instantly!
- Develop close partnerships with families
- Help parents see the beauty in their child’s strengths and possibilities

Job Perks

- Create a good work-life balance with flexible work schedule (part-time/full-time, evenings/weekends, caseload size)
- With qualifying experience, be your own boss and create your own business (set your own schedule!)
- Work in different settings (home, community, telehealth, and facility)
- Build a large professional network

We currently have a shortage of qualified providers to deliver services to children and families.

We are seeking providers with the following New York State certifications and licenses:

- Audiologists
- Behavior Analysts (LBA/CBAA)
- Mental Health Practitioners
- Nurses
- Nutritionists/Dietitians
- Occupational Therapists
- Physical Therapists
- Psychologists
- Social Workers
- Speech-Language Pathologists
- Teachers (special education, vision, hearing, speech and language)

If interested in a job opportunity in The NYS Early Intervention Program, visit our website at <https://health.ny.gov/EINeedsYou> or email us at provider@health.ny.gov or by calling 518-473-7016 (Option 1 - Provider Unit).



IMPORTANT HOUSEHOLD TIPS REGARDING LEAD

SENECA COUNTY HEALTH DEPARTMENT LEAD POISONING PREVENTION PROGRAM

BY KRISTINA KNIGHT, RN

Lead can harm a young child's growth, behavior, ability to learn, and can also cause anemia, kidney damage, and hearing loss. It is very important to have your child's blood lead level and development monitored by your health care provider, and take the following steps.



- Keep your child away from peeling paint and broken plaster.
- Wash their hands with soap and water after play, before meals, and before bed to rinse off any lead dust or dirt.
- Clean your child's toys often, especially teething toys.
- Use cold water - not hot - for infant formula or cooking. Let the cold-water tap run for at least a minute before using to flush lead picked up from pipes.
- Do not boil water to try to remove lead. Boiling water will not reduce lead.
- Store food from open cans in glass or plastic containers.
- Use lead-free dishes. Some dishes may have lead in their glazes so don't use chipped or cracked dishes to store or serve food.
- Be careful with your hobbies. Some crafts call for use of paints, glazes and solder. Many of these may contain lead.
- Don't bring lead home with you from work. People who work in/with construction, plumbing, painting, auto repair and certain other jobs can be exposed to lead. Wash work clothes separately.
- Remove shoes before coming in from the outside so you do not to track leaded soil or dust into the home.
- Damp wipe (dust) window sills and window wells, furniture, and window blinds often.
- Wet mop floors routinely.
- Keep your child away from remodeling and renovation sites. Old paint can have lead in it.
- Avoid having your child play in soil especially around the foundations of older buildings and near roadways. Use a sandbox instead.
- When windows are open in warm weather, wash the sills and window wells any time you see dust, but at least once a month.
- Feed your child foods high in iron, calcium, and Vitamin C.
- Keep your child away from vintage toys, costume jewelry, trinkets, as many have been shown to contain high levels of lead.
- If renovating or remodeling an older home, use lead-safe work practices.

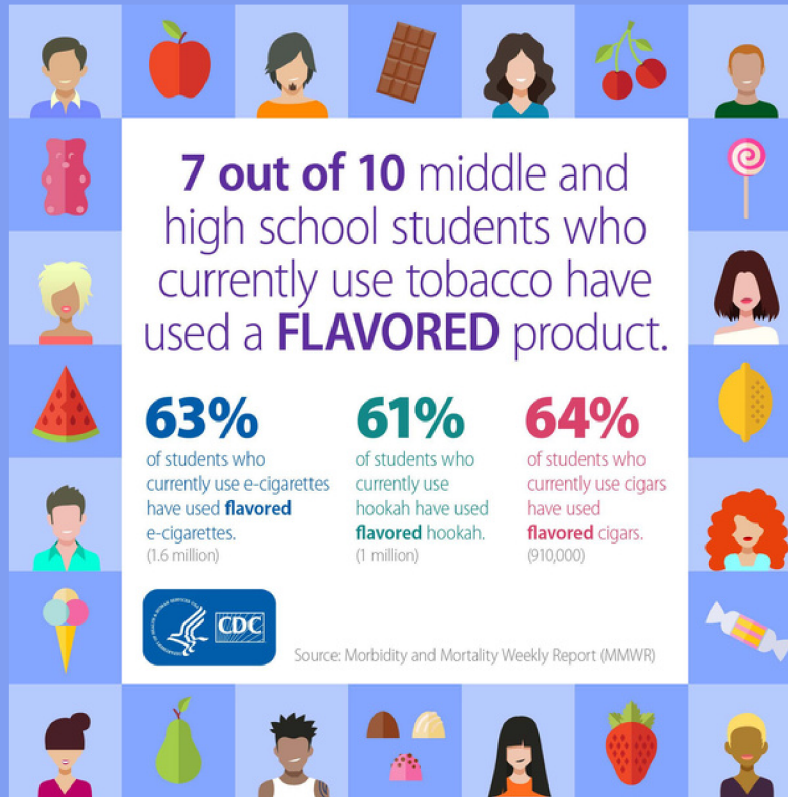
For more information on ways to lower your child's blood lead level, please see

<https://www.health.ny.gov/environmental/lead/>



Seneca County
Health Department





SCAN

Safely Start Your Wood Stove

Clean up and dispose of ashes

Clean Your Wood Stove with a wire brush

Get your chimney and wood stove inspected **YEARLY** prior to the heating season

SCAN
ME



Learn more here!

2023

Household Hazardous Waste Day



Saturday, September 30th

Online Registration Required

Non-Registrants Will Be Turned Away

Questions Call: 315-539-1671



SCAN ME



Public Health
Prevent. Promote. Protect.
Seneca County, NY



Seneca County Health Department



@SenecaCountyDOH



@SenecaCountyDOH



SenecaCountyHealthDepartment.com



PERTUSSIS "WHOOPIING COUGH" IS SPREADING IN OUR COMMUNITY

WHOOPIING COUGH IS A SERIOUS LUNG DISEASE

Symptoms include:

- low grade fever
- runny nose & mild cough to start
- a cough that gets worse over time and may last for weeks
- coughing fits followed by a high-pitched "whoop"
- vomiting during or after coughing fits
- trouble breathing or a pause in breathing
- exhaustion after coughing fits
- babies may not feed well, may be more tired than usual, and their lips may turn blue



Serious complications are more likely
in babies under a year old

PREVENTION

The best way to prevent whooping cough is to get vaccinated. Whooping cough vaccines are safe and offer the best protection against this very contagious disease.

PREGNANCY

Pregnant women should receive a Tdap vaccine during the 3rd trimester of every pregnancy. This protects newborns from pertussis through the transfer of antibodies from the mother to the infant. Infants are most at risk for severe, life-threatening complications from pertussis infection.

Did you know the Seneca County Health Department offers free vaccines for children?

Call us to see if your family is eligible!



Seneca County
Health Department



CHECKLIST FOR GROWING CHILDREN

3 Months

- Turn their Head toward bright colors and light
- No longer "cross their eyes" while trying to focus. They move both their eyes in the same direction at one time.
- Recognize bottle or breast.
- Respond to their mother's voice
- Make cooing sounds
- Bring their hands together
- Wiggle and kick their arms and legs
- Lift their head while lying on their stomach
- Become quiet in response to sound, especially speech
- Smile

6 Months

- Follow moving objects with their eyes
- Turn toward the source of normal sound
- Reach for objects and pick them up
- Switch toys from one hand to the other
- Play with their toes
- Help hold the bottle during feeding
- Recognize familiar faces
- Imitate speech sounds
- Respond to soft sounds, especially talking
- Roll over



12 Months

- Get to a sitting position
- Pull to a standing position
- Stand briefly without support
- Crawl
- Imitate adults using a cup or a telephone
- Play peek-a-boo and patty cake
- Wave goodbye
- Put objects in a container
- Say at least one word
- Make "ma-ma" or "da-da" sounds



18 Months

- Likes to push and pull objects
- Tries to say at least six words
- Follows simple directions ("Bring the ball")
- Pull off their shoes and socks
- Can point to a picture you name in a book
- Feed themselves
- Makes marks on paper with crayon
- Walk without help
- Walk backwards
- Point, make sounds or try to use words to ask for things
- Say "no", shake their head, or push things away they don't want



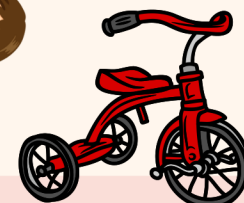
2 Years

- Use two- to three-word sentences
- Says about 50 words (30 months)
- Recognize familiar pictures
- Kick a ball forward
- Feed themselves with a spoon
- Demand a lot of your attention
- Turn two or three pages together
- Like to imitate with parent
- Identify their hair, eyes, ears, and nose by pointing
- Build a tower of four blocks
- Show affection



3 Years

- Throw a ball overhand
- Ride a bicycle
- Put on their shoes
- Open the door
- Turn one page at a time
- Play with other children for a few minutes
- Repeat common rhymes
- Use three- to five-word sentences
- Name at least one color correctly



Concerned about Development?

How to Get Help for Your Child



Talking to the doctor is the first step toward getting help for your child if you are concerned about his or her development (how your child plays, learns, speaks, acts, or moves). **Don't wait.** Acting early can make a real difference!

1 Make an appointment with your child's doctor

- When you schedule the appointment, tell the doctor's staff you have concerns about your child's development that you would like to discuss with the doctor.

2 Complete a milestone checklist

- Before the appointment, complete a milestone checklist by downloading CDC's free [Milestone Tracker mobile app](#) from the App Store or Google Play or printing a paper checklist from www.cdc.gov/Milestones
- Write down your questions and concerns; take these with you to the doctor's appointment.

3 During the doctor's appointment

- **Show the completed milestone checklist to the doctor**
 - > If your child **is** missing milestones, point them out, and share any other concerns that you have.
 - > If your child **is not** missing milestones but you still have concerns, tell the doctor about them.
- **Ask the doctor for developmental screening for your child**
 - > Developmental screening is recommended whenever there is a concern. It gives the doctor more information to figure out how best to help your child.
 - > For more information about developmental screening, go to www.cdc.gov/DevScreening.
- **Ask the doctor if your child needs further developmental evaluation**
 - > If your child does, ask for a referral and call right away. If you have difficulty getting an appointment, let the doctor know.

4 Make sure you understand what the doctor tells you, and what to do next

- Before you leave the appointment, check the notes you have written and make sure all of your questions have been answered.
- If you do not understand something, ask the doctor to explain it again or in a different way.
- When you get home, review your notes and follow the steps the doctor has given you. Remember, you can always contact the doctor's office if you have any questions.

You Know Your Child Best

If your child's doctor has told you to "wait and see," but you feel uneasy about that advice:

Talk with another doctor to get a second opinion

AND

Call for a free evaluation to find out if your child can get free or low-cost services that can help.

- **If your child is under age 3:**

Call Seneca County Health Department, Early Intervention Program 315-539-1938

- **If your child is age 3 or older:**

Call the local public elementary school.

You do not need a doctor's referral to have your child evaluated for services.

Find more information, including what to say when you make these important calls, visit

www.cdc.gov/Concerned.

Don't wait.
Acting early can make a real difference!



www.cdc.gov/ActEarly
1-800-CDC-INFO (1-800-232-4636)



Download CDC's
Milestone Tracker App



Learn the Signs. Act Early.

DID YOU KNOW...



Parents whose children
are enrolled in
Preschool Special Education
classrooms can be reimbursed for
driving their children to school !

Driving your child to Preschool gives you a chance to:

- Participate more actively in your child's preschool program.
- Spend some special time talking, singing and playing with your child while carefully driving in the car
- Interact regularly with your child's school staff
- See and get to know some of the other children and their parents
- Ensure that your child arrives at school on time each day.
- Receive reimbursement for providing your child with transportation to Preschool



Reimbursement is only available for Preschool Special Education Classroom Programs.

Reimbursement is at the IRS Standard Mileage rate.
2023 rate is \$.655 a mile

Parents will be asked to submit a W-9 form.

3 Easy Steps to starting the Reimbursement process:

1. Decide which days and directions you can drive your child to their Preschool Special Education Classroom Program.
 2. Contact your School District's Committee on Preschool Special Education (CPSE) Chairperson and ask them to add Parent Reimbursement to your child's IEP.
 3. Contact Seneca County's Children with Special Needs Program Coordinator to have proper forms sent to you to fill out each month.
-

CLAIMING YOUR REIMBURSEMENT:

- You will receive a Parent Transportation Information Packet from the Seneca County Health Department with invoice forms to submit.
 - You must complete a monthly invoice listing the days and miles you drove with the child in the car and mail it to the Seneca County Health Department. Invoices must be submitted immediately at the end of each month to: **Seneca County Health Department, 2465 Bonadent Dr., Suite 3 Waterloo, NY 13165**
 - After your invoice is verified and processed you should receive a check in the mail. (Payments usually arrive within 4 –6 weeks)
- Questions?
Call **315-539-1938** and speak with the Children with Special Needs Program Coordinator

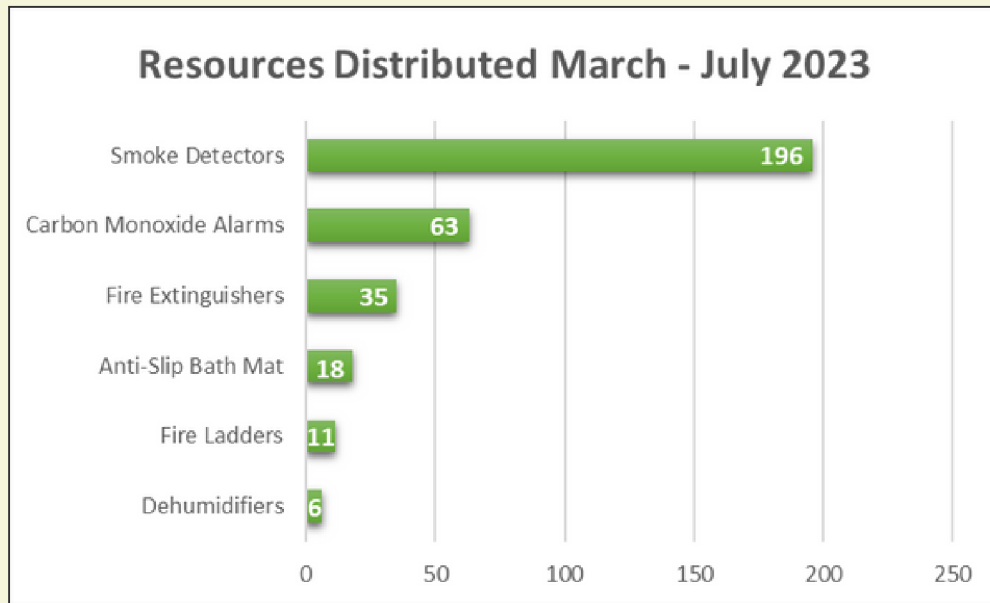
Healthy Neighborhoods Program (HNP) Progress Check



What is HNP?

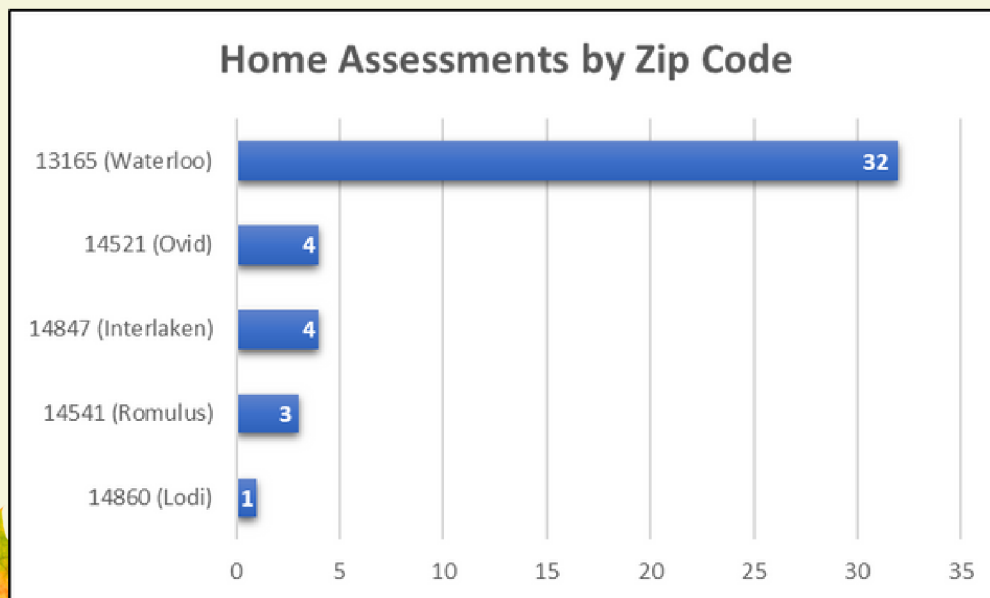
The Seneca County Healthy Neighborhoods Program (HNP) launched in February of 2023 with the goal of reducing injuries occurring in the home. HNP staff are now conducting home visits weekly. We have worked with 44 homeowners to help make homes healthier and safer throughout our county! This page highlights successes of the growing program.

HNP Statistics:



44

Home Assessments



44.23 years

Average Age of Program Participants

**Call to Schedule Your Home Assessment
(315) 539-1638**



Creating Healthy Schools and Communities (CHSC): An Update

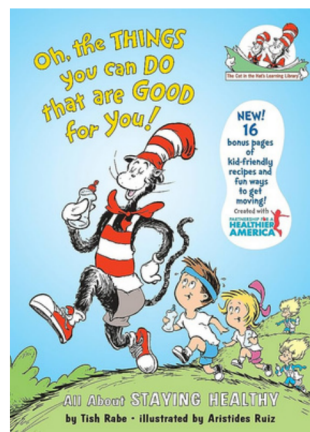
One strategy area of the Creating Healthy Schools and Communities (CHSC) grant is related to physical activity and nutrition standards in Early Care and Education (ECE) settings. The focus of the ECE strategy is to improve policies, practices, and environments for physical activity and nutrition in ECE settings, primarily in-home daycares and UPK programs. Participating providers commit to participate in 2 training programs, Nourishing Healthy Eaters and Physical Activity Learning Sessions, and then can receive program supplies and materials to implement best practices. So far, 5 Seneca County providers have benefited from the CHSC grant. Providers have received play kitchens and accessories, kitchen items, gardening supplies including raised garden beds, indoor and outdoor equipment to support gross motor development, and children’s books that encourage physical activity and nutrition.



Recommended Physical Activity and Nutrition Books for Toddler-Preschool

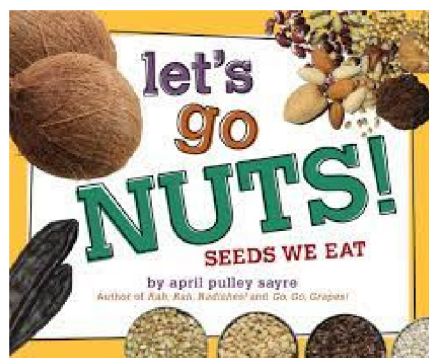
“Oh, The Things You Can Do That Are Good for You: All About Staying Healthy,” by Tish Rabe.

Cat in the Hat explains the importance of eating right (based on the latest USDA MyPlate recommendations); staying active; getting enough sleep; handwashing; brushing and flossing; wearing protective gear when playing sports—even the best way to sneeze when you don't have a tissue handy!



“Let’s Go Nuts!: Seeds We Eat,” by April Pulley Sayre.

What do nuts, beans, grains, and even some spices have in common? They’re all seeds—seeds we can eat! So get ready to greet lentils and limas, take a crack at coconuts and cashews, and say hi to rye and buckwheat. You’ll soon be seeing seeds in a whole new way!



Creating Healthy Schools and Communities in Seneca County

★ Alone.

★ Back.

★ Crib.

About 90 babies die each year in New York State from sleep-related causes. Right from the start, help your baby sleep safely every time sleep begins.

ALONE

- Put baby on their back to sleep – even if baby was born early (premature).
- Your baby should not sleep with adults or other children.
- Share your room, not your bed. Room-sharing lets you keep a close watch over your baby while preventing accidents that might happen when baby is sleeping in an adult bed.
- Nothing should be in the crib except baby; no pillows, bumper pads, blankets or toys.



CRIB

- Use a safety-approved* crib/bassinet/playard with a firm mattress and a fitted sheet.
- If baby falls asleep on a bed, couch, armchair, or in a sling, swing or other carrier, put baby in a crib to finish sleeping.

*For crib safety, go to the Consumer Product Safety Commission:

[cpsc.gov/en/Safety-Education/Safety-Education-Centers/Cribs/](https://www.cpsc.gov/en/Safety-Education/Safety-Education-Centers/Cribs/)



BACK

- Put baby to sleep on their back, not on their tummy or side.
- Do not put your baby on their tummy every day when baby is awake and being watched. "Tummy time" helps baby develop strong shoulder and neck muscles.



Seneca County
Health Department

FREE STI TESTING AND TREATMENT

The Seneca County Health Department offers free confidential testing and treatment for sexually transmitted infections through the following community partners:

Finger Lakes Urgent Care

1991 Balsley Rd, Seneca Falls 13148
315-835-4900

Finger Lakes Community Health - Ovid

7150 Main St, Ovid 14521
607-403-0065

Call ahead to schedule an appointment.

Ask for free STI testing through the Seneca County Health Department.



Public Health
Prevent. Promote. Protect.
Seneca County, NY



FALL FUN FOR THE WHOLE FAMILY

➔ Capture the Pumpkin

Materials Need:

2 Pumpkins

Directions:

Form two teams out of your group. Both teams determine the playing area. Each team chooses their jail for opposing players who are caught. Each team picks a "Pumpkin Patch" for their pumpkin (the pumpkin must be visible).

Rules:

Each team sends players to the other team's area to try and capture their pumpkin. If you are tagged by an opposing player in their zone, you go to their jail. After you capture the pumpkin, you must bring it back to your side. If the person with pumpkin is tagged out they must go to jail and the pumpkin is returned to its' location. Players can enter their own pumpkin patch only if an opposing player enters first.



➔ Pinecone Animals

Materials Needed:

- Pipe cleaners
- Pinecones
- Scissors
- Colored paper
- Glue (Hot Glue recommended)
- Paint (optional)
- Ribbon (optional)
- Googly eyes (optional)

Instructions:

- Use the pipe cleaners to make arms and legs for your animal.
- Tuck the pipe cleaner between the scales of the pinecone, making sure the pipe cleaner is secured between the scales (Trim pipe cleaner if needed).
- Use the colored paper to create different features of the animal you are making (wings for birds, a mane for a lion, round ears for a bear, or long ears for a dog!)
- Decorate your animal how you want!
 - Use ribbon to add a scarf, glue on googly eyes, paint your animal whatever color you want.
 - Show your creative side!

Kids Korner

By Seneca County Public Health Education

As the leaves begin to fall, and the temperatures drop, take advantage of the time you have left to play outside before the snow comes again!

The crafts and activities in the Kids Korner would be awesome stuff to do with your new friends from school too!

Don't forget to brush your teeth after diving into your candy pile from Halloween!

Enjoy!

Additional craft activity here!





SERVING SIZES

- Adult: 1 cup
- Preschooler: 1/2 cup
- Toddler: 1/4 cup

TOTAL TIME: 30 MIN

- Prep: 10 min
- Cook: 20 min

Creamy Pasta Primavera

INGREDIENTS

- 3 cups dry spiral (rotini) pasta
- 1/2 cup red pepper, diced
- 1 small yellow squash, cut
- 1 small zucchini, cut
- 5 baby carrots, chopped
- 4 ounces cream cheese, cubed
- 1/2 cup grated parmesan cheese
- 2 tablespoons lemon juice

UTENSILS NEEDED

- measuring utensils
- cutting board
- paring knife
- large pot
- collander

DIRECTIONS

1. Cut, chop, and dice all vegetables into bite-sized pieces.
2. Cook pasta according to the package directions.
3. During last 3 minutes of cooking, add vegetables to the boiling water. Pour 1/2 cup of pasta water into a measuring cup. Drain pasta and vegetables.
4. In the same pot, add the pasta water, cream cheese, parmesan cheese, and lemon juice. Stir over low heat until the cheese is melted.
5. Add the pasta and vegetables to cheese mix. Gently toss with sauce.

OPTIONAL SUBSTITUTIONS

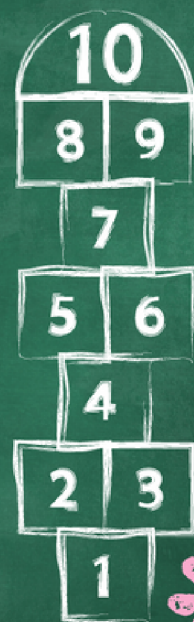
Using flavored cream cheese, such as garlic herb, instead of plain cream cheese, will add additional flavor.

The more vegetables the better! Shelled peas, asparagus, eggplant, cauliflower, spinach, broccoli, mushrooms, tomatoes, onion or green beans are other good choices.

Start the school year on the right foot!

BASIC HOPSCOTCH RULES

1. Draw a traditional hopscotch with chalk.
2. Throw a small marker, like your beanbag, into the first square. (If it lands on a line, or outside the square, you lose your turn. Pass the marker to the following player and wait for your next turn.)
3. Hop on one foot into the first empty square, and then every subsequent empty square. Be sure to skip the one your marker is on.
4. At the pairs (2-3, 5-6 and 8-9), jump with both feet.
5. At 10, hop with both feet, turn around, and head back toward the start.
6. When you reach the marked square again, pick up the marker—still on one foot!—and complete the course.



Fall Word Search



A K S C A R E C R O W Q Y W A J H R
 P D C I D E R T O C T O B E R H A M
 P K S F B W W H A R V E S T U A Y X
 L N O S E P T E M B E R T I D Y R A
 E A B D V F H B O N F I R E X R I F
 Y U R K F O R A N G E C Z D Q I D L
 E T O N O V E M B E R D I L W D E A
 L U W C Q U I L T P F M Q J A E N N
 L M N T H A N K S G I V I N G P W N
 O N V L E F H A L L O W E E N P W E
 W R P U M P K I N Y E C D A B B D L
 X M B G O U R D D Q A S Q U A S H R

Find the following words in the puzzle.
 Words are hidden → ↓ and ↘ .

APPLE
 AUTUMN
 BONFIRE
 BROWN
 CIDER
 FLANNEL
 GOURD
 HALLOWEEN

HARVEST
 HAYRIDE
 NOVEMBER
 OCTOBER
 ORANGE
 PUMPKIN
 QUILT
 SCARECROW

SEPTEMBER
 SQUASH
 THANKSGIVING
 YELLOW

MESSAGE FROM THE DIRECTOR

Dear Readers,

As the weather turns cooler and children head back to school, Seneca County Health Department staff continue to work hard to engage with the community to inform and educate about Health Department programming. Some of our upcoming events include rabies vaccination clinics for your pets, our annual Household Hazardous Waste Day, and our Healthy Neighborhoods Program which offers home assessments to help you reduce the risk of injuries in your home for you and your loved ones. The best part about all those programs is that they are FREE! All that and so much more is detailed in this edition of the newsletter, so I encourage you to read it and then share it with a friend or neighbor.

Our team of dedicated and experienced professionals care deeply about the community they serve and are always eager to hear your thoughts and ideas about how our community's health and wellness might be improved. Please feel free to reach out to us by email or phone or stop by our offices and pay us a visit if you have a question, concern, or an idea concerning the health of our community.

Here's wishing you an enjoyable fall season!

Scott King, Director of Public Health



**BOO
TO THE
FLU**

Get your **flu vaccine**
by **October 31**



hhs.gov/immunization



Public Health
Prevent. Promote. Protect.

Seneca County, NY

2465 Bonadent Drive
Suite 3
Waterloo, NY 13165

Monday-Friday 8:30am-5:00pm

Phone: (315)-539-1920

Toll Free: 800-688-7188 x1920

Fax: (315)-539-9493

