

# CREATING HEALTHY SCHOOLS AND COMMUNITIES

Creating Healthy Schools and Communities (CHSC) is a five-year (2021 - 2026) public health initiative that implements a comprehensive, equitable, community-based participatory approach to increasing opportunities for physical activity and access to healthy food for people across the age span. The New York State Department of Health (NYSDOH) has funded local organizations and county health departments to work in approximately 225 under-resourced communities statewide.

## FOUR STRATEGIES



Implement **FOOD SERVICE GUIDELINES** in worksites and community settings to increase the availability of healthy foods. These specific food and nutrition standards and sustainability standards for food service operations create a food environment that makes healthier choices easier for consumers.



Improve policies, practices, and environments for **PHYSICAL ACTIVITY AND NUTRITION IN EARLY CARE AND EDUCATION SETTINGS**.

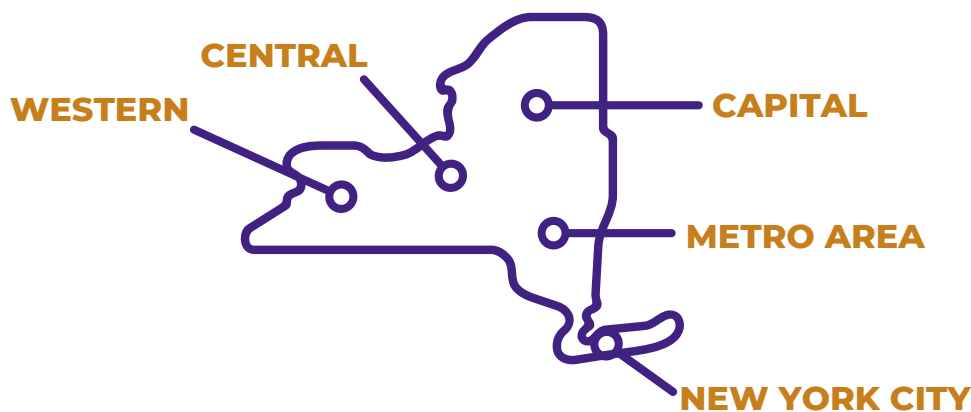


Implement community planning and active transportation interventions in municipalities to increase safe and accessible physical activity. This is achieved by establishing new or improved pedestrian, bicycle, or transit transportation systems (i.e., **ACTIVITY-FRIENDLY ROUTES**) that are combined with new or improved land use or environmental design (i.e., **CONNECTING EVERYDAY DESTINATIONS**).



Improve policies, practices, and environments for **PHYSICAL ACTIVITY AND NUTRITION IN SCHOOLS**.

## CHSC GRANTEES WORK IN FIVE NYSDOH-DEFINED REGIONS



**Capital Region:** Capital Roots, Inc.; Clinton County Health Department; Glens Falls Hospital; North Country Healthy Heart Network, Inc.; Northeast Health Foundation, Inc.

**Central Region:** County of Broome; Onondaga County Health Department; St. Lawrence County Health Initiative

**Metropolitan Area Region:** Cornell Cooperative Extension of Sullivan County; City of Kingston; Orange County Department of Health; Rockland County Department of Health; Western Suffolk BOCES

**New York City Region:** New York City Department of Health & Mental Hygiene; The Institute for Family Health

**Western Region:** Chautauqua County Health Network, Inc.; Seneca County; Erie 1 BOCES; Common Ground Health; Genesee, Livingston, Steuben, Wyoming BOCES

**LEARN MORE & GET INVOLVED!**

Are you interested in learning more about CHSC efforts in your community?



Contact: